

Examples of the good practices

The criteria of selecting examples of initiatives (good practices):

- the results of activities are durable and long-term, or if short-term they could be repeated in the future (continuation and exploitation of the results of activities is ensured),
- the worked out solutions could be transferred to other countries and to other places within the home country,
- the activities result in positive and measurable social effects for women involved in them, as well as other disadvantaged groups they support,
- the initiative represents competencies and experiences, and effective solutions,
- the creativity and innovativeness of the initiative is tailored to the social needs of (a) certain group(s),
- clear link between the elements of social aims and their implementation with elements of economy,
- the initiative and the organization are successfully managed, efficient solutions have been worked out to ensure their proper functioning.

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	Fundacja Przedsiębiorczości Kobiet Foundation of the Enterprising Women
Short description	<p>The Foundation offers services for women planning to run their own business, like seminars, mentoring, workshops and training and networking options. The program is called "Business in Women's Hands".</p> <p>The Network of Enterprising Women is a platform for women who lead their business or think of establishing them.</p> <p>There are also a number of workshops for businesswomen on different aspects of management.</p> <p>The Foundation cooperates with lawyers who offer a number of free legal advisory for businesswomen.</p> <p>There are also organized periodical morning meetings - breakfasts with invited guest, who share her experience. It is also a possibility for networking.</p>

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	Networking, Inspiration, Education.
Website, Facebook, contact details	<p>http://www.fundajakobiet.org https://www.facebook.com/SiecPrzedsiębiorczychKobiet</p> <p>Emails: k.wierzbowska@fundajakobiet.org d.czekaj@fundajakobiet.org</p>

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	<p>Fundacja Miejsce Kobiet</p> <p>The Place for Women Foundation</p>
Short description	<p>The examples of the aims of the Foundation are:</p> <ul style="list-style-type: none"> - supporting women's development and their activation in different aspects of life, - encouraging to active lifestyle and participation in social and cultural initiatives, - prevention of violence and discrimination of the marginalized groups, - activities for women's rights, etc. <p>The Foundation implements a project for women willing to come back to the job market after maternity leave.</p> <p>Other form of activities is psychological support for ill and old people and their carers.</p> <p>Next, the Foundation provides help for women who are ending their imprisonment. The workshops start in the prison and after the termination of their punishment.</p> <p>Also, the Foundation organized courses for people planning their job career, willing to change their job and are searching a job.</p> <p>The Foundation forms also a network – community – for women and organizes workshops, therapeutic groups, meetings, etc.</p> <p>Some of the activities, like workshops, are paid by the participants.</p>

Website, Facebook, contact details	<p>http://miejscekobiet.pl https://www.facebook.com/fundacjamiejscekobiet</p> <p>Email: kontakt@miejscekobiet.pl</p>
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Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	<p>Stowarzyszenie Aktywne Kobiety</p> <p>Active Women Association</p>
Short description	<p>Active Women Association is a non-governmental women organization that acts for gender equality and empowerment of women in Poland.</p> <p>It was formed in 2002 by Halina Sobańska to promote women's participation in the social, professional and political life, introduce the idea of self-development and education among women and take actions towards ending violence against women and girls.</p> <p>Examples of activities:</p> <p>The PROGRESSteron - Festival of self-development for women which aim was to encourage women to meet a variety of methods and workshops of self-development.</p> <p>Working mum = still loving mum (June 2009 – December 2009). The project was dedicated to women who tried to come back on the labour market after maternity leave.</p> <p>Arte Marocco - women expeditions to Marocco, that empowers women what gives them feeling of safety and courage in the Global World.</p> <p>The Eyes Wide Open. (July-October 2007). The main aim was to act against violence against women and girls by making the feeling of safety stronger, promoting against-violence attitudes and self-assertive behaviours.</p> <p>Family Laws Information Centre (since 2005)- unpaid psychological counseling and chamber practice for families.</p> <p>Information Campaign against The Cervical Cancer (October – December 2007).The project emphasized the importance of cervical cancer detection, treatment and, especially,</p>

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	prevention.
Website, Facebook, contact details	http://www.aktywnekobiety.org.pl/ https://www.facebook.com/StowarzyszenieAktywneKobiety Email: biuro.akt@gmail.com

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	Stowarzyszenie Kobieta Na Plus Woman On the Plus Association
Short description	<p>Woman On the Plus Association in an organization which mission is to create the environment for comprehensive development of women and their families. It gives that opportunities for leading active, based on the access to information and knowledge professional and personal life and ensures support in difficult job and life situation.</p> <p>The association implements projects about active job searching, cooperation between NGOs and public sector, social and professional integration of long-term unemployed, basic ICT literacy for seniors, workshops of handicrafts, fitness, and many more.</p> <p>The Association run payable public benefit activities.</p>
Website, Facebook, contact details	http://www.kobietanaplus.pl Email: Chairman of the Board - Barbara Elżbieta Wyłuddek barbara@kobietanaplus.pl

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	Fundacja Malak Malak Foundation
Short description	Malak Foundation is an NGO which aim is evangelism and support of initiatives promoting the lifestyle in accordance

	<p>with Bible.</p> <p>It organizes retreat, meetings and charity actions. It runs a shop with books, CDs, audiobooks and accessories with inspiring message and in interesting style.</p> <p>The Foundation employs several women and cooperates with a number of people on its projects.</p>
Website, Facebook, contact details	<p>http://fundacjamalak.pl https://www.facebook.com/pages/Fundacja-MALAK/519129971497494</p> <p>Email: fundacja.malak@gmail.com</p>

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	<p>Stowarzyszenie Wspierania Informacji Społecznej i Rozwoju DEDAL</p> <p>Association Supporting Social Information and Development "DEDAL" (Daedalus)</p>
Short description	<p>Association Supporting Social Information and Development "DEDAL" (Daedalus) is a non-profit NGO aiming at civic development. It:</p> <ul style="list-style-type: none"> - supports entrepreneurship - inspires activities for social economy - promotes vocational activities of youth and life long learning - teaches young people plan their job careers - creates job stability and alternative job opportunities - implements programs for local economic growth - works for professional development of other NGOs - supports inventiveness and patent protection <p>The President of the Association, Mrs Zofia Kozioł, is an initiator of this organization. She is a Master of Arts in Sociology and did postgraduate studies in Social Economy and Job Counselling.</p>

Website, Facebook, contact details	www.dedal.org.pl/ Email: informacja3@op.pl
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Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	Spółdzielnia Socjalna „50+” Social Cooperative ‘50+’
Short description	<p>Social Cooperative ‘50+’ was opened in 2007 by five disabled women, that time two of them were working, two were early retired and one was on a pension.</p> <p>Its aims are social and professional reintegration of disabled women, especially after mastectomy, by work (including provision of safe working environment) and empowering them with a sense of being needed.</p> <p>The cooperative provides care services for sick and disabled people, cleaning services and distribution of leaflets.</p> <p>The Social Cooperative achieved several awards as a model social economy institution in Poland.</p>
Website, Facebook, contact details	http://atlas.ekonomiaspoleczna.pl/x/779945 President Grażyna Skorupka Email: gskorupka@hotmail.com

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	Spółdzielnia Socjalna "Zbuczynianki" Social Cooperative "Zbuczynianki"
Short description	<p>The idea of a social cooperative came up in 2011 on the project on employability, organized by local public authority in the town of Zbuczyn. In the next years, the idea was developed, to finally involve five women, three of whom were unemployed.</p> <p>The mission of the cooperative is: Zbuczynianki – women who care for tradition; thanks to them you will not forget the</p>

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	<p>tastes of childhood and you will feel the heat of the home's fireplace.</p> <p>The aim of the Cooperative is reintegration on the job market of its participants, disabled and threatened of social exclusion people, by running an enterprise based on the individual work of the participants. The services and goods provided by the Cooperative are: organization of events, production of home-made food, pastries and handicrafts.</p>
Website, Facebook, contact details	<p>http://www.alewioska.pl</p> <p>Email: zbuczynianki@gmail.com</p>

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	<p>Fundacja „Współpracujmy”</p> <p>The Foundation ‘Let’s Cooperate!’</p>
Short description	<p>The Foundation ‘Let’s Cooperate!’ was established in 2003.</p> <p>Its mission includes activities for the safety, law and education in local societies in Poland. The Foundation implements different projects, for example organizes art and eco competitions, competitions about the knowledge of law, actions encouraging to reading for young people and adults, activities for children during winter and summer holidays in Kraków.</p> <p>The Foundation can conduct business activities.</p>
Website, Facebook, contact details	<p>http://www.wspolpracujmy.org.pl/</p> <p>Email: by the contact form on the webpage of the Foundation</p>

Country	Poland
Name of the initiative (foundation, association, project ect.) -in the origin language and in English	<p>Stowarzyszenie na Rzecz Rozwoju i Promocji Wsi Glisno</p> <p>Association for Development of Glisno Village.</p>
Short description	The aims of the Association:

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	<ul style="list-style-type: none"> • animating the civic initiatives of the citizens for the Glisno's development, caring for the traditions and history of Glisno and its environment, • protection of the culture, heritage, architecture, nature and landscape in cooperation with the public authorities, social, private and church institutions, • shaping of the citizenship of the Glisno's inhabitants and encouraging the social, cultural, economic initiatives for local participation development, European integration and cooperation within the society, • educational, cultural, environmental protection, sport, charity and social care activities, contribution to increasing the living standards, democracy, economy, education and health, • advise and dissemination information about entrepreneurship among the citizens. <p>The Association belongs to the Local Group of Touristic Trails, is a patron of a choir and scouts. It implements musical projects, organizes events (sport, religious, picnics), cooperates with sport club, country club, fire brigade, culture institution; takes part in agriculture fairs, etc.</p> <p>The President of the Association is Mrs Bożena Gorczyca-Zapart.</p>
<p>Website, Facebook, contact details</p>	<p>http://www.glisno.pl/pages/instytucje-i-organizacje/stowarzyszenie-glisno.php</p> <p>Email: stw.glisno@wp.pl</p>